

# Associated General Contractors San Diego Chapter in Cooperation with Management Action Programs Presents



## Communication Skills Development Workshop



**John Acampora**  
**Senior Consultant**

### *Impact*

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This workshop will cause you to think about HOW you communicate daily, and the effectiveness of your manner, speech, voice, face and body language in transmitting meaning.

***When: October 11, 2007***

***9:00am-11:00am***

***Where: AGCSD 6212 Ferris Sq. San Diego, Ca 92121***

***Cost: Members: \$195***

***Non - Members \$249***

### *The Workshop*

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This workshop will give participants solid techniques to grow in the following critical areas of communication skill:

- Become a better listener
- Ask the right open ended questions
- Praising others
- The importance of eye contact
- Challenging others
- Using body language to your advantage
- Being respectful
- Removing barriers to communications

The workshop takes the following theories, and places them in the real world of everyday business interaction:

- The environment in which communication takes place
- The impact of leadership on group dynamics
- Evaluating the styles and personalities of those we are trying to persuade
- Influential techniques such as changing opinions, attitudes, and "vote"